Uley C of E Primary School – Year 5/6 2023/2024

Autumn term 1	Matching and mirroring (Yr 5)	Hockey (Yr 5)
	Introduction to matching	Recap and refine dribbling and passing creative attacking opportunities
	Application of matching learning onto apparatus	Develop defending: Blocking and tackling
	Introducing mirroring	Refine shooting
	Application of mirroring learning onto apparatus	Refine attacking skills passing, dribbling and shooting, introduce officiating
	Sequence development	Refine defending skills, developing transition from defence to attack
	Performance	Level 1 tournament
Autumn term 2	Titanic (Dance)	Health Activator
	Exploring movements that represent the Titanic	
	Developing character movements linked to the different social classes in	
	1912	
	Social classes abroad the Titanic: Creating rhythmic patterns using our	
	body	
	Iceberg: Extending our choreography through controlled movements,	
	character, emotion and expression	
	Explore the relationships between characters applying character emotion	
	and expression	
	The Titanic: Performance and action	
Spring term 1	Tennis (Yr 5)	Swimming
	Consolidate sequence of learning from year 4, recap how to outwit an	
	opponent	
	Introduce the volley	
	Develop the volley	
	Controlling the game from the serve	
	Doubles: Understanding and applying tactics to win a point	
	Level 1 Tournament	
Spring term 2	Orienteering (yr 5)	Swimming
	Face orienteering	
	Cone orienteering Point and return	
	Point and return Point to point	
	Timed course	
	Orienteering competition: Level 1 or Level 2	
	Offenteening competition, Level 1 of Level 2	

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Summer term 1	Cricket (Yr 5)	Swimming catch up
	Refine batting, understand and develop batting tactics	
	Refine bowling, understand and develop bowling tactics	
	Refine fielding, stopping, catching and throwing	
	Combine fielding skills, creating and applying tactics, introduce umpiring	
	and scoring	
	Refine batting, create and apply batting tactics to game scenarios	
	Consolidate sequence of learning	
Summer term 2	Athletics (Yr 6)	Swimming catch up
	Level 1: Running for speed competition	
	Level 1: Running for distance competition	
	Level 1: Throwing competition	
	Level 1: Jumping competition	
	Athletics competition: Part 1	
	Athletics competitions: Part 2	