



# Stroud Lead Practitioner Newsletter

Extra Issue 10– 29.06.2020

**Welcome** to Issue 10 of the Stroud Lead Practitioner newsletter.

We hope you have all had a lovely weekend. Many schools have started to increase the number of pupils being allowed back into schools over the last few weeks, which means we are finding out more about what families have been experiencing throughout the lockdown period. We encourage you to make use of your Early Help Coordinator to ensure that we understand the experiences of the more vulnerable children and continue to review plans of support to ensure that they reflect the changes in family circumstances. We are still attending meetings where schools allow and also making use of virtual platforms where needed.

Take care,

Claire, Jose and Anita



The Our Safety Centre hub is designed to provide you with information and advice that is easy to access and simple to understand. There is a section on “your first phone” and various safety settings looking at popular social media apps that young people may be using. Great to share with parents that are struggling with social media use in the home.

Use the short videos and step-by-step prompt cards to ensure you have a safer online experience.

Access at <https://oursafetycentre.co.uk/>



Tic+ Chat (is for young people aged between nine and 21 years old who need someone to talk to and it goes live today at 5pm. It is funded by the county council and is commissioned jointly with Gloucestershire Clinical Commissioning Group for the next 12 months.

This is a challenging time for everyone. We've all experienced sudden changes in our routines and are living with uncertainty. For some young people, the pandemic may also worsen or trigger anxieties they were already struggling with.

We want to let them know they are not alone and make sure they can access the support they need. They can speak to the friendly Tic+ Chat team about anything which is troubling them. No problem is too big or too small – the team won't judge.

No appointment is necessary and the service can be accessed by calling 0300 303 8080, or via online text chat at the Tic+ website: <https://ticplus.org.uk/> between the hours of 5pm-9pm Sunday to Thursday

## **Young Gloucestershire Link Chat for Vulnerable Young People**

Young Gloucestershire are offering to support vulnerable young people aged 16-25 with their mental health during this time. Trained mental health youth workers will be available daily who can support young people using a range of methods such as zoom, phone calls, mindfulness sessions, counselling support online fitness sessions, group gaps etc. The support will be tailored to individual need.

### **Referral criteria**

This service is described as tier 2, it is open access but is targeted to young people who may be facing additional challenges in their lives.

### **How to access**

01452 501008 or email [getinvolved@youngglos.org.uk](mailto:getinvolved@youngglos.org.uk)

## Child and Adolescent Mental Health Services (CAMHS, formerly known as CYPS)

CAMHS are currently accepting and providing care to children or young people presenting with priority and urgent needs. For children and young people who have not been clinically triaged as presenting with urgent or priority needs, they are providing advice and guidance and signposting to alternative support opportunities within the community. In addition, CAMHS are providing the family with their contact details. They have also informed families that they will not require a new referral from their GP or school when their operating model changes assuring them that they can simply come back to them directly.

CAMHS are currently reviewing their operational delivery model and this is being reviewed within their trust governance process and they hope to provide an update on a revised operational model in the next 2 weeks.

**Any professional working with children and families is welcome to call the CAMHS Professional Advice Line on 01452 894272 (office hours) to discuss any potential referrals and for consultation and advice**



We help young people in Gloucestershire receive support after they have experienced any form of crime.

Please look at our leaflet for further information.

## Support advice for professionals

If you are a professional working with a young person then the team is happy to speak with you. We can give you advice around what support might be appropriate. We have a dedicated Community Engagement Manager who is able to discuss coming to your school or youth setting to deliver bespoke workshops and talks. They will work with groups of young people to raise awareness of victim's rights and help build resilience.

Contact [YGTV5glos@victimsupport.org.uk](mailto:YGTV5glos@victimsupport.org.uk) for more information.



## New Allsorts Toy Library Delivery and Collection service has been launched.

A range of specialist equipment, sensory items, activity toys and resourced for home schooling.

You are now able to order items from our toy library and book either a collection or delivery slot.. They use an online lending library which allows you to view and reserve items, if you haven't used this before then please email [toyllibrary@allsortsglos.org.uk](mailto:toyllibrary@allsortsglos.org.uk) and they will add you as a user.

Collection is from the Toy Library (based at Allsorts) or they can bring them out to your car in the London Road Multi storey car park in Stroud.

**There is no charge for this service, although donations are welcomed.**

[www.allsortsglos.org.uk](http://www.allsortsglos.org.uk)

## While Away the Hours...

**Barnardo's Back to school worksheet** is a great activity to do for children who are nervous about going in- you could even make your own one!  
Lots of ideas online.



## Virtual tours of Zoos online

Try Virtual tour of Longleat Safari Park is very popular for any animal fanatics.



<https://www.youtube.com/watch?v=pUmHClrRPxc>

<https://www.facebook.com/190877934285599/pos>