WHAT'S FOR LUNCH THIS SUMMER...

caterlink
feeding the imagination

Caterlink is an award winning food service provider catering for primary schools.

We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it!
JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

In Partnership with:

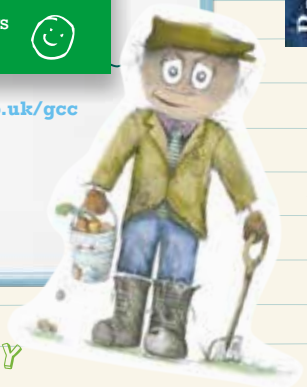
keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: **www.mycaterlink.co.uk/gcc**
email: info@caterlinkltd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards.**
We hope your child enjoys our new menus.

www.mycaterlink.co.uk/gcc

Please visit the website for current updates



FRESH + HEALTHY = TASTY

DISCOVERY DAYS AVAILABLE THIS TERM

Available at participating schools only.

Is your child entitled to a free school meal?

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.

If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

ONE

16 Apr, 7 May, 4 Jun, 25 Jun, 16 Jul

MONDAY

Margherita Pizza
Vegetable Bolognaise
Jacket Potato with Tuna Mayo
Carrots & Garden Peas
Fruit Crumble with Custard
Yoghurt / Fresh Fruit Platter

TUESDAY

Spaghetti Bolognaise (made with Organic Mince Beef)
Vegetable Pasta Bake
Filled Baguette with Ham/Cheese/Tuna or Egg
Sweetcorn & Broccoli
Chocolate & Beetroot Brownie
Yoghurt / Fresh Fruit Salad

WEDNESDAY

Roast Gammon with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy
Jacket Potato with Beans
Seasonal Vegetables
Cheese & Biscuits
Jelly / Fresh Fruit Platter

THURSDAY

Sausage & Mash
Vegetable Casserole with Cous Cous
Filled Baguette with Ham/Cheese/Tuna or Egg
Carrots & Green Beans
Apple Sponge with Custard
Yoghurt /Fresh Fruit Salad

FRIDAY

Salmon Fish Finger / Fish Fingers & Chips
Cheese & Onion Quiche with Chips
Jacket Potato with Cheese
Baked Beans & Garden Peas
Iced Shortbread Finger
Yoghurt / Fresh Fruit Salad

TWO

23 Apr, 14 May, 11 Jun, 2 Jul, 23 Jul

MONDAY

Margherita Pizza
Quorn & Vegetable Rice
Jacket Potato with Tuna Mayo
Roasted Peppers & Sweetcorn
Berry & Apple Strudel & Custard
Yoghurt & Fresh Fruit Salad

TUESDAY

Chicken Fajita with Jacket Wedges
Macaroni Cheese
Filled Baguette with Ham/Cheese/Tuna or Egg
Peas & Coleslaw
Lemon Drizzle Cake
Yoghurt / Fresh Fruit Platter

WEDNESDAY

Roast Pork with Roast Potatoes & Gravy
Vegetable Pasty with Roast Potatoes
Jacket Potato with Beans
Seasonal Vegetables
Cheese & Biscuits
Oaty Cookie / Fresh Fruit Salad

THURSDAY

Beef Burger in a Bun with Baby Baked Potatoes
Vegetable Chilli & Rice
Filled Baguette with Ham/Cheese/Tuna or Egg
Broccoli & Sweetcorn
Chocolate Orange Sponge with Choc Sauce
Yoghurt / Fresh Fruit Platter

FRIDAY

Battered Fish & Chips
Spicy Bean Burger with Chips
Jacket Potato with Cheese
Baked Beans & Garden Peas
Flapjack
Fruit Yoghurt / Fresh Fruit Salad

THREE

30 Apr, 21 May, 18 Jun, 9 Jul

MONDAY

Margherita Pizza
Lentil & Sweet Potato Curry with Rice
Jacket Potato with Tuna Mayo
Sweetcorn & Green Beans
Chocolate Crunch with Chocolate Sauce
Yoghurt / Fresh Fruit Salad

TUESDAY

Cottage Pie (made with Organic Minced Beef)
Cheese & Tomato Pinwheel with New Potatoes
Filled Baguette with Ham/Cheese/Tuna or Egg
Peas & Carrots
Banana Cake
Fruit Yoghurt / Fresh Fruit Platter

WEDNESDAY

Roast Chicken & Stuffing with Roast Potatoes & Gravy
Vegetable Pie with Roast Potatoes & Gravy
Jacket Potato with Beans
Seasonal Vegetables
Cheese & Biscuits
Ice-Cream / Fresh Fruit Salad

THURSDAY

Meatballs with Rice
Cheesy Pasta Bake
Filled Baguette with Ham/Cheese/Tuna or Egg
Sweetcorn & Cauliflower
Pineapple Upside Down Cake
Yoghurt / Fresh Fruit Platter

FRIDAY

Fish Fingers & Chips
Vegetable Burrito & Chips
Jacket Potato with Cheese
Garden Peas & Baked Beans
Strawberry Shortcake
Yoghurt / Fresh Fruit Salad

AVAILABLE EVERY DAY...

Jacket Potatoes
freshly cooked daily, with a choice of fillings where advertised.

Bread
freshly baked on site daily

Daily salad selection
there will be a selection of salad items available daily

Fresh Fruit & Yoghurt
available daily

WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**

We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

V Vegetarian option

Oily fish

Marine Stewardship Council details
Web: www.msc.org
Chain of Custody Registration Code MML - C 1009